

Rehab in Peamount

Peamount is an independent voluntary organisation that provides a range of high quality health and social care services. Since Peamount's Rehabilitation Centre opened in 2007, we have been providing inpatient rehabilitation services to older people following a period of illness or accident and respiratory rehabilitation services for those with chronic lung conditions.

In March 2018, Peamount became a pilot site for the Managed Clinical Rehab Network (MCRN) and we have been operating a pilot outpatient neuro-rehabilitation service. In line with the Neuro-rehabilitation Implementation Strategy, Peamount have now opened a **10 bedded specialist neuro-rehabilitation inpatient service** (Level 2) which will continue to be part of the MCRN.

We encourage referrers to link with the team in Peamount to discuss potential referrals if you are unsure about the best rehab setting for an individual.

Contact Number: 01-6010385



Who can refer?

- Referrals will be accepted from acute hospitals for patients with an address in CHO7
- In order to get a full picture of the individual and where they are in their rehab journey, we ask that referrals are sent jointly by **Health & Social Care Professionals (HSCPs)** and the **Medical Team**.

How to refer to the neuro-rehab service?

- Please complete Peamount's Neurorehabilitation Referral Form
- Please ensure that all sections are completed as thoroughly as possible to reduce delays in acceptance of referral and placement on waiting list.

Where to send referrals?

- Please email referrals to :
neurorehab@peamount.ie



Specialist Neuro-Rehabilitation Unit

A Guide for Referrers

Services Offered

Persons admitted to the ward receive direct therapy services Monday through Friday for up to 10 weeks depending on therapy goals.

Home and/or community leave may also be facilitated for the individual in order to achieve gradual reintegration into community environments, pending COVID-19 guidelines.

The interdisciplinary team (IDT) include:

- Medical Social worker
- Occupational therapist
- Physiotherapist
- Rehabilitation medicine specialist
- Rehabilitation nursing
- Speech and language therapist
- Dietitian
- Neuro-psychologist

Hours of Service

The neuro-rehabilitation inpatient service provides 24-hour, seven-day-a-week. medical and nursing care. Therapy service is provided 5 days a week (Monday-Friday).

Admissions are accepted Monday –Friday only, with admission time before 12 noon.

Visiting

Due to the Covid 19 pandemic there may be restrictions on visiting, in line with public health guidelines. Please check with the ward for specific guidelines as the time of admission.

Inclusion Criteria

We are currently accepting referrals for **adults between the ages of 18—65** who have impairments relating to neurological disorders:

Sudden onset neurological illness/injury including :

- Trauma (head or post-surgical injury)
- Stroke or brain haemorrhage
- Cerebral anoxia/hypoxia
- Toxic insult
- Infection (e.g. meningitis, encephalitis) or other inflammation
- Non malignant or low grade brain tumour

Other sudden onset neurological conditions /syndromes which are non-progressive in nature, including critical care neuropathy, Guillain-Barré syndrome, Autoimmune encephalitis

AND:

- Have medical, cognitive, physical or communicative need related to the acquired brain injury or disease process.
- medically and surgically stable

The Individual must also have:

- Identifiable rehabilitation goals
- The potential to benefit from intensive specialised inpatient rehabilitation through the utilisation of an IDT approach within a specified timeframe.

In some cases, if long term placement is likely to be required due to complex or specific needs, then funding for this long term placement and the location must be confirmed prior to admission to the neuro-rehabilitation unit.

Inclusion Criteria

In cases where the persons active rehabilitation has been completed or if they do not reach goals within a reasonable timeframe—the individual will be repatriated back to the referring hospital .

Exclusion criteria:

- Psychiatric conditions or substance abuse issues or significant behavioural issues that would impede participation in a therapy programme.
- Requires respiratory support (e.g. tracheostomy/O2 sats monitoring required/assisted ventilation)
- Requirement for parenteral nutrition
- No discharge destination or significant barriers to discharge planning
- Those requiring >2 for manual handling
- Requirement for SMART (or other comprehensive low awareness state) assessment
- Existing safeguarding concerns

These criteria are based on staffing levels on the unit and are required to ensure safe level of service for all service users.